



Key

Sightseeing / orientation

Cultural exposure

Programme activity

Programme Timetable

	DATE	ACTIVITY	ACCOMMODATION
Phnom Penh	Sun, 4 th December >Optional day for Early Arrivals<	Guided cycling tour to outlying villages; or Palace, Museum & Wat Phnom Evening: Orientation & Pizza	Golden Gate Hotel
	Mon, 5 th December	AM: Tuol Sleng Prison & Killing fields PM: Banteay Prieb* & dinner with students	Banteay Prieb School
	Tue, 6 th December	Schools activities	Golden Gate Hotel
	Wed, 7 th December	AM: University PM: Travel to Battambang	Seng Hout Hotel
Battambang	Thu, 8 th December	Dharmayietra - Pagoda construction PM: Circus - www.phareps.org	Seng Hout Hotel
	Fri, 9 th December	Schools repairs / Health programme	Seng Hout Hotel
	Sat, 10 th December	Gardening – school by the Lake PM: Phnom Sampeau	Seng Hout Hotel
	Sun, 11 th December	Cooking course / (Bamboo Train – may be shut)	Seng Hout Hotel
	Mon, 12 th December	School repairs / Health programme	Seng Hout Hotel
Siem Reap	Tue, 13 th December	School repairs / Health programme	Seng Hout Hotel
	Wed, 14 th December	Travel to Siem Reap	Encore Angkor Guest Hse
	Thu, 15 th December	Village learning & nutrition centre	Encore Angkor Guest Hse
	Fri, 16 th December	5.45 Sunrise at Temples Day at temples	Encore Angkor Guest Hse
	Sat, 17 th December	AM: Siem Reap Markets PM: Flight home	

* Banteay Prieb - vocational training for young adults with disabilities (land mines / polio)

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